

# Catholic Discipleship

## Adult Faith Formation Process

*This setting envisions 15 or more people gathered for a “class” on Catholic Discipleship. The Adult Faith Formation Director (Director) will have publicized the gathering, given a schedule of when and where the class will meet, and make sure some refreshments are prepared.*

### 1) Gathering

Welcome the participants and have them share their names. The Director, depending on the size of the class, might explore further their involvement in the parish, what they want from the class, etc.

### 2) Orientation

The Director explains that the class will be exploring dimensions of Catholic Discipleship, that each participant needs a book (if the parish is not providing them for the participants), and they are expected to read the material ahead of time.

### 3) PowerPoint

After welcoming the group, the Director begins the PowerPoint (available at [www.pemdc.org/discipleship](http://www.pemdc.org/discipleship)) for the appropriate unit. Each session begins with a prayer from Cardinal Henry Edward Manning. The Director leads the group through the PowerPoint using the slide notes and their own observations and applies the material to the local setting. The slides will suggest times to stop and discuss material. This will take about 30 minutes.

### 4) Spiritual Exercise

After the PowerPoint, the Director leads the participants in the Spiritual Exercise. Participants work on their own for 10-15 minutes and then might share with the people around them or the large group anything they might have felt or discovered.

### 5) Scripture

The Director then reads the Scripture Selection and asks the participants to express what the Scripture is saying to the participants or to the local parish. Remarks should be brief. People should not comment on the remarks of others. This should take 10 minutes.

### 6) Announcements

The Director then introduces the participants to the next Unit, announces when and where it will take place, and emphasizes further reflection and prayer time during the week.

### 7) Catholic Discipleship Prayer

The group prays the Catholic Discipleship prayer together, which is also on the PowerPoint.

### 8) Hospitality

The group may then continue with further hospitality.